



Bywydau a Rennir Bro Morgannwg

Gwasanaeth Lleoli Oedolion

Vale of Glamorgan Shared Lives

Adult Placement Service



A guide to the

Vale of Glamorgan Shared Lives



www.valesharedlives.co.uk

What is Shared Lives?



Shared Lives is where you can live with carers in their home.



You can stay for a short while, like respite...or...you can stay for a long time.



You can sometimes stay for a little while before moving on somewhere new.

What will happen next?



You can visit the carers at their home with your Social Worker and your Project Worker.



You can stay overnight.



If you like it you can decide to stay with your Shared Lives Carers in their home.

What will happen?



Your Social Worker/Project Worker will help you choose if Shared Lives is right for you.



They will help you find the right home. Your family can also help you choose.



You can visit your Shared Lives Carers in their home.

Your carers can provide...



...your own bedroom with furniture (like a bed and wardrobe etc). You can bring your own personal things to put in your room (things like your TV).



...a safe and friendly place to live.



...they can support and help you to do the things you like.

At your Carers home



Your family and friends will always be able to visit you.



You can be supported to learn new skills, like cooking, ironing....



We can help you do more things on your own (be more independent).

Your Carers can provide



Your carers can provide support with managing your money if you need it.



You will need your own money to buy toiletries, clothes and other personal items.



Your food will be provided in your home. You will need to pay for any meals that you have when you go out.



Your carers will provide emotional support based on your wishes and feelings.

How to contact us...



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